

# PROVIDE FIRST AID AND EMERGENCY LIFE SUPPORT

<b>COURSE DURATION:</b>	<b>1 Day</b>
<b>COURSE LOCATION:</b>	<b>John Henry Institute – Suites 5&amp;6, 68 Clarence</b>
<b>COURSE COST:</b>	<b>St \$130.00 (includes morning tea &amp; a light lunch)</b>

JHI's *Provide First Aid Course* is the minimum requirement for workplace first aid compliance. The aim of the course is to provide the necessary skills and knowledge to provide first aid response, sustain life, reduce pain and minimise the consequences of injury or sudden illness until professional help arrives. This course is reliant on either pre-learning or existing prior knowledge of current first aid practises.

## UNITS OF COMPETENCY:

Successful participants will receive a Nationally Recognised Statement of Attainment in:

- HLTAID001 - Provide Cardiopulmonary Resuscitation
- HLTAID002 – Provide Basic Emergency Life Support
- HLTAID003 – Provide First Aid

## COURSE CONTENT:

- Roles and responsibilities of the first aider
- Management of unconscious, breathing and non-breathing casualties using the DRSABCD action plan
- CPR including the use of an Automated External Defibrillator (AED)
- Management of a choking casualty
- Recognition and treatment of musculoskeletal injuries
- Recognition and management of medical conditions including chest pain, anaphylaxis, asthma, stroke and seizures
- Treatment of bites and stings including the use of pressure bandage and immobilisation technique

## **MODE OF DELIVERY:**

This training course is delivered face-to-face.

## **ASSESSMENT METHOD:**

To achieve competency in JHI's Provide First Aid course you will need to complete both written and practical assessments, which will be evaluated by a qualified Trainer/Assessor.

## **ENTRY REQUIREMENTS:**

There are no specified entry requirements for this training course.

## **WHAT TO BRING TO CLASS?**

- Blue or black pen
- Note paper
- Please try to arrive 10 minutes before the scheduled start time.
- Morning tea and a light lunch is provided – please advise JHI of any dietary requirements one week prior to the course

## **WORK PLACEMENT REQUIREMENTS:**

No work placement is required to complete this course.

## **CERTIFICATE RENEWAL:**

Your Provide First Aid certificate is valid for three (3) years. The CPR component of the course is valid for twelve (12) months and will need to be updated annually for you to keep your certification current.

## **HOW TO ENROL:**

Please email the team at John Henry Institute – [info@jhi.edu.au](mailto:info@jhi.edu.au) to request an enrolment form.

