

## MANAGING BOWEL REGIMES

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<b>COURSE DURATION:</b>	<b>3 hours (9.00am – 12.00pm)</b>
<b>COURSE LOCATION:</b>	<b>John Henry Institute – Suites 5&amp;6, 68 Clarence St, Port Macquarie</b>
<b>COST:</b>	<b>\$150 per person</b>

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### Summary

This course is designed for people who, as part of their role, assist clients with the administration of prescribed bowel medication (this may be suppositories or enemas). This course provides you with an opportunity to practice the skills required to perform these tasks in a safe and nurturing simulated environment.

### Content

- Basic anatomy and physiology of the digestive system
- Key strategies that encourage and promote bowel health
- Discussion and review of commonly prescribed bowel medications and safe administration techniques
- Demonstration and practical session in safe administration (suppository and enema)
- Common problems and suggested contingencies
- Documentation

### Prerequisites

Participants who undertake this course should:

- Have a sound understanding of medication administration principles
- Have a sound knowledge of their service's medication policy and procedures manual
- Have previously completed Infection prevention and control training

### Assessment Requirements

Skills and knowledge will be assessed in a simulated environment during the training session. In order to achieve competency, the learner must attend the training session and participate in all learning activities. The assessment will include the administration of a suppository and enema in a simulated environment.

If deemed competent, you will be issued with a *Certificate of Completion*.

### Course Numbers

In order for this course to proceed, a minimum of five (5) and maximum of eight (8) participants is required.

### Course Length

Duration: 3 hours plus assessment.

Refreshments: morning tea provided.

### Contact

For more information or if you would like to enrol, please contact our friendly team on 02 6583 2321 or [info@jhi.edu.au](mailto:info@jhi.edu.au).